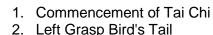
Headwaters School of Tai Chi / Master Moy's 108 Moves



3. Grasp Bird's Tail4. Single Whip

5. Step Up & Raise Hands6. White Stork Spreads Wings

Brush Knees (Left)
 Strum the Pei Pa

Brush Knee & Pivot (Left)
 Brush Knee & Pivot (Right)

11. Brush Knee (Left)12. Strum the Pei Pa

13. Brush Knee & Pivot (Left)

14. Chop with Fist

15. Step Up, Deflect, Parry, Punch16. Appear to Close Entrance

17. Cross Hands

18. Carry Tiger to Mountain19. Diagonal Single Whip20. Fist Under Elbow

21. Go Back to Ward Off Monkey (Right)22. Go Back to Ward Off Monkey (Left)23. Go Back to Ward Off Monkey (Right)

24. Slanting Flying

25. Step Up & Raise Hands26. White Stork Spreads Wings

27. Brush Knees (Left)28. Needle to Sea Bottom

29. Fan Penetrates Through Back

30. Turn & Chop with Fist

31. Step Up, Deflect, Parry, Punch 32. Step Up to Grasp Bird's Tail

33. Single Whip

34. Wave Hands Like Clouds

35. Single Whip

36. Reach Up to Pat Horse37. Separate Foot to Right38. Separate Foot to Left

39. Turn & Kick

40. Brush Knee & Pivot (Left)41. Brush Knee & Pivot (Right)

42. Step Up & Punch43. Turn & Chop with Fist

44. Step Up, Deflect, Parry, Punch

45. Kick with Right Foot 46. Strike Tiger at Left 47. Strike Tiger at Right 48. Kick with Right Foot 49. Strike Ears with Fists 50. Kick with Left Foot

51. Turn & Kick 52. Chop with Fist

53. Step Up, Deflect, Parry, Punch 54. Appear to Close Entrance

55. Cross Hands

56. Carry Tiger to Mountain57. Horizontal Single Whip

58. Parting Wild Horse's Mane (Right)59. Parting Wild Horse's Mane (Left)

60. Parting Wild Horse's Mane (Right)61. Parting Wild Horse's Mane (Left)62. Parting Wild Horse's Mane (Right)

63. Left Grasp Bird's Tail64. Grasp Bird's Tail

65. Single Whip

66. Fair Lady Works Shuttles (Left)
67. Fair Lady Works Shuttles (Right)
68. Fair Lady Works Shuttles (Left)
69. Fair Lady Works Shuttles (Right)

70. Left Grasp Bird's Tail71. Grasp Bird's Tail

72. Single Whip

73. Waves Hands Like Clouds

74. Single Whip

75. Creeping Low Like a Snake

76. Golden Cock Stands on One Leg (Left)77. Golden Cock Stands on One Leg (Right)78. Go Back to Ward Off Monkey (Right)

79. Go Back to Ward Off Monkey (Left)

80. Slanting Flying

81. Step Up & Raise Hands82. White Stork Spreads Wings

83. Brush Knee (Left)83. Needle to Sea Bottom

85. Fan Penetrates Through Back

86. White Stork Turns & Puts Out Tongue

87. Step Up, Deflect, Parry, Punch88. Step Up to Grasp Bird's Tail

89. Single Whip

90. Wave Hands Like Clouds

91. Single Whip

92. Reach Up to Pat Horse93. Cross Hands to Penetrate

94. Turn & Kick95. Chop with Fist96. Brush Knee & Punch

97. Step Up to Grasp Bird's Tail

98. Single Whip

99. Creeping Low Like a Snake100. Step Up to Form Seven Stars

101. Retreat to Ride Tiger

102. Turn Around to Sweep Lotus103. Draw Bow to Shoot Tiger

104. Chop with Fist

105. Step Up, Deflect, Parry, Punch106. Appear to Close Entrance

107. Cross Hands108. Closing of Tai Chi

